

# STUDENT LIFE

## Student Life

Website: <https://www.com.edu/student-life/>

At College of the Mainland, we believe that education extends far beyond the classroom. Our vibrant student community is at the heart of everything we do, and the Student Life department is here to ensure that your college experience is as enriching and fulfilling as possible.

Whether you're looking to get involved in clubs and organizations, attend exciting events and activities, or simply connect with fellow students, we've got you covered!

Our mission is to enhance students' overall educational experiences by developing programs and activities that improve intangibles, such as teamwork and leadership, and complement the mission and values of the institution.

Explore our website to learn more about the various opportunities available to you, and don't hesitate to reach out if you have any questions or need assistance. Welcome to the Fighting Ducks - where your student experience is our top priority!

## Leadership Series

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/leadership-series.html](http://www.com.edu/student-life/leadership-series.html) (<https://www.com.edu/student-life/leadership-series.html>)

The Student Life Leadership Series gives all College of the Mainland students the opportunity to develop their leadership skills through interactive workshops and hands-on activities. Our workshops review a variety of topics such as decision-making framework, cultural awareness, leadership styles, and many more. These informational and resourceful workshops will aid in a student's transformation as a leader, while giving them the tools to apply these skills moving forward.

## Student Clubs and Organizations

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/clubs-organizations/](http://www.com.edu/student-life/clubs-organizations/) (<https://www.com.edu/student-life/clubs-organizations/>)

Student clubs and organizations allow students to socialize, gain skills and learn about leadership. Students are encouraged to participate in one or more of the following clubs and organizations.

For information about joining or starting a new club or organization, contact the Student Life Specialist I at 409-933-8790.

### Art Club

Email: [artclub@com.edu](mailto:artclub@com.edu)

The Art Club provides artistic experiences for all students interested in works of the imagination and the cultures that produce them. The Art Club regularly visits museums, attends lectures and special exhibits, hosts workshops, and offers drawing field trips to zoos and libraries.

### Badelynge Review Club

Email: [litjournal@com.edu](mailto:litjournal@com.edu)

"Badelynge" is an archaic word for a group of ducks on the ground. The Badelynge Review purpose is to create a literary journal and provided opportunities to gain experience in editing and publishing. Works published will consist of poetry, short fiction, creative nonfiction, and academic essays that COM students publish.

### BAFS Club (Biological Anthropology and Forensic Science)

Email: [jbytheway@com.edu](mailto:jbytheway@com.edu)

The Biological Anthropology and Forensic Science Club at College of the Mainland unites students and faculty with a shared passion for science. The club promotes awareness of biological anthropology, forensic science, and related disciplines through hands-on activities and educational events. Members build leadership, teamwork, and critical thinking skills while exploring the impact of science in understanding the human experience.

### Collegiate High School Student Club (NU PSI)

Email: [NuPsi@com.edu](mailto:NuPsi@com.edu)

Nu Psi, the Collegiate High School (CHS) Student Club, offers community service projects, leadership opportunities, and educational field trips for club members.

### COMradery Club - MM4E (Mentoring and Motivating for Excellence)

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/mm4e/](http://www.com.edu/mm4e/) (<https://www.com.edu/mm4e/>)

The COMradery Club offers mentoring and motivation to develop friendships and mentoring connections that support success and completion at COM while offering opportunities to serve the campus and surrounding community and develop character, leadership skills, trust, and sharing goodwill to every member.

### Creative Writing Club

Email: [creativewriting@com.edu](mailto:creativewriting@com.edu)

The Creative Writing Club (CWC) would like to educate, collaborate, network, and peer review for the purpose of writing and publishing creatively. The club is open to all with interests of poetry, fiction, creative nonfiction, playwriting, screenwriting, and other forms of creative writing.

### Future Educators

Email: [rcastr@com.edu](mailto:rcastr@com.edu)

The Future Educators Club at College of the Mainland is dedicated to inspiring and preparing the next generation of teachers. Viewing the Texas Association of Future Educators (TAFE), the club provides opportunities for students to explore the field of education, develop leadership skills, and engage in service projects that promote learning and community involvement. Members gain valuable insight into the teaching profession while building character, collaboration, and a passion for education.

### Gamer's Guild

Email: [GamersUnion@com.edu](mailto:GamersUnion@com.edu)

The purpose of the Gamer's Guild is to promote the essence of competitive gaming, the fundamental belief of good sportsmanship, and to enhance our daily lives by incorporating teamwork and leadership

through the enjoyment of gaming. Students in this club participate in bi-weekly gaming sessions, hold workshops and organize tournaments.

## Hispanic Student Alliance

Email: [HispanicStudents@com.edu](mailto:HispanicStudents@com.edu) ([hispanicstudents@com.edu](mailto:hispanicstudents@com.edu))

The Hispanic Student Alliance (HSA) is a successor organization to the Dream Act Leadership Organization due to the legislative changes in the USA. The HSA aims to bring awareness about the Hispanic culture, history, and language to the college community through different cultural, educational, social, and political events and activities. Some of the activities that HSA sponsors include Spanish tutoring, Hispanic film and poetry events, Cinco de Mayo celebration, Hispanic Heritage Month events, and the International Festival. The HSA also focuses on the recruitment and success of students at College of the Mainland.

## Mental Health Matters

Email: [mentalhealthclub@com.edu](mailto:mentalhealthclub@com.edu)

The purpose of the Mental Health Matters Club is to spread awareness and provide support for mental health issues among college students. The club will create a safe and supportive environment for students to express their feelings and learn ways to cope with stress, leading to a more positive academic and personal life experience.

## Nursing Student Association

Email: [tnsa@com.edu](mailto:tnsa@com.edu)

Website: [www. \(https://tnsa.nursingnetwork.com/\)](https://tnsa.nursingnetwork.com/)  
[tnsa.nursingnetwork.com \(https://tnsa.nursingnetwork.com/\)](https://tnsa.nursingnetwork.com/)

The Nursing Student Association aids in the development of the whole person and promotes participation in professional organizations after graduation. Members model integrity and leadership in all educational and service activities and interactions. Members have opportunities to influence the nursing education legislation, program development, and technology use.

## Phi Theta Kappa (PTK, International Honor Society)

Email: [ptk@com.edu](mailto:ptk@com.edu)

Website: [www.ptk.org \(http://www.ptk.org\)](http://www.ptk.org) (International) or [www.txptk.org \(http://www.txptk.org\)](http://www.txptk.org) (Texas)

Phi Theta Kappa is the official international honors society of community colleges. The purpose of Phi Theta Kappa is to recognize and encourage academic excellence among two-year college students. To achieve this purpose, Phi Theta Kappa provides opportunities for the development of leadership and service, intellectual exchange of ideas and ideals, lively fellowship for the scholars and stimulation of interest in continuing academic excellence. To be eligible, you must complete 12 credit hours at College of the Mainland with a cumulative GPA of 3.5 or higher. You must maintain a GPA of 3.0 or higher after joining the society.

## Process Technology Student Organization (PTEC Club)

Email: [PTECclub@com.edu](mailto:PTECclub@com.edu)

The PTEC Club strives to create awareness of the career opportunities within the process technology industry. The group provides support among members, including academic support (tutoring/peer review), industry tours, career preparation (mock interviewing/resume building) and fundraising.

## COM Rotaract

Email: [rotaract@com.edu](mailto:rotaract@com.edu)

Rotaract is a college-based nonprofit organization for students ages 18 and older to exchange ideas with leaders in the community, develop leadership and professional skills, and have fun through service. COM Rotaract is proudly sponsored by the Rotary Club of Dickinson and the Rotary Club of Texas City.

## SADHA

Email: [mperkins2@com.edu](mailto:mperkins2@com.edu)

The Student American Dental Hygienists' Association (SADHA) at College of the Mainland is a student-led organization dedicated to supporting dental hygiene students through professional development, leadership opportunities, and community service. SADHA connects members with faculty, campus partners, and the American Dental Hygienists' Association while promoting oral health advocacy on campus and in the community. Through monthly meetings, educational programs, and outreach events, the chapter helps students prepare for licensure, build professional skills, and engage with their future profession.

## Science Club

Email: [scienceclub@com.edu](mailto:scienceclub@com.edu)

The Science Club promotes awareness and appreciation of the natural sciences by providing a better understanding of them through field trips, guest speakers, and other activities. The club sponsors college events and performs outreach through educational and community activities.

## Sickle Cell Club

Email: [sicklecell@com.edu](mailto:sicklecell@com.edu)

The mission of the Sickle Cell Club is to raise awareness and educate COM students and the community about sickle cell disease. The club organizes social activities, games and seminars to achieve its mission.

## Student Government Association (SGA)

Email: [sga@com.edu](mailto:sga@com.edu)

Website: [www.com.edu/sga \(http://www.com.edu/sga/\)](http://www.com.edu/sga)

The Student Government Association is made up of an elected body of officers and one representative from each active student club. The role of SGA is to promote student participation in the decision-making process, to serve and to represent the student body. In addition, SGA and the Student Life Department will plan and develop educational, recreational, social, cultural and entertainment programs for the college community. Participants can develop leadership skills and learn to organize special events. Monthly meetings are open to the college community, and all credit students are invited to participate.

## Students for Christ

Email: [studentsforchrist@com.edu](mailto:studentsforchrist@com.edu)

A nondenominational organization open to both Christians and non-Christians, this club invites all who are interested to attend with open hearts and minds. It offers a time to slow down and pray for the campus, the world and each other, and encourages growth and fellowship among students.

## Theatre Skills

Email: [mmcintosh2@com.edu](mailto:mmcintosh2@com.edu)

The Theatre Skills Club (TTSC) at College of the Mainland is a welcoming community for students passionate about theatre and performance. TTSC helps members grow as emerging theatre professionals by offering skill-building opportunities, hands-on experience, and collaborative projects. Open to all COM students, the club focuses on creativity, learning, and supporting one another—both onstage and behind the scenes. Through meetings, workshops, and events, TTSC empowers students to develop their craft and connect with fellow theatre enthusiasts.

## Transfer Network

Email: [cclark20@com.edu](mailto:cclark20@com.edu)

The Transfer Network at College of the Mainland supports students who have transferred to COM or plan to transfer to a four-year institution. The club fosters a welcoming community focused on academic success, leadership development, and social connection. Members gain access to workshops, resources, and networking opportunities that ease the transfer process and empower students to achieve their educational goals.

## Turning Point USA

Email: [lturmer16@com.edu](mailto:lturmer16@com.edu)

Turning Point USA is a student-led organization dedicated to promoting constitutional principles, free markets, and open discussion. The club provides a welcoming space for students to engage in thoughtful conversations, access educational resources, and participate in campus activism. Through meetings, events, and collaboration, TPUSA encourages students to explore civic awareness and express their views respectfully, regardless of agreement or background.

## Student Recreation and Club Sports

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/club-sports.html](https://www.com.edu/student-life/club-sports.html) (<https://www.com.edu/student-life/club-sports.html>)

Student Recreation and Club Sports are other avenues for students to get involved at COM. Student recreation activities allow COM students of all skill levels to play sports throughout the semester. Club sports are competitive games for male and female students with structured practices overseen by a coach. Students must commit to traveling to games in the Houston area.

## Gym Facility

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/gym.html](https://www.com.edu/student-life/gym.html) (<https://www.com.edu/student-life/gym.html>)

Discover the College of the Mainland's gym facility designed for a comprehensive fitness experience. The cardio room features modern pre-core equipment for effective cardiovascular workouts, while the Cybex offers targeted strength training. Strengthen and tone in the well-equipped weight room, engage in invigorating group sessions, and relax in the dry sauna. Transition seamlessly with convenient locker rooms. Cycling enthusiasts can enjoy the energizing atmosphere of the spin room. At the College of the Mainland, the gym provides diverse recreation

sport options, fostering a healthy campus lifestyle. Join a community where well-being is a priority, and fitness goals are supported.

## Recreation Room

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/recreation-room.html](https://www.com.edu/student-life/recreation-room.html) (<https://www.com.edu/student-life/recreation-room.html>)

The College of the Mainland's recreation room is a hub for leisure and stress relief. Furnished with a billiards table, ping pong, shuffleboard, and arcade games, it offers a diverse range of recreational activities. Students can also enjoy digital entertainment with Xbox, PlayStation, and Nintendo Switch consoles, creating a dynamic space for relaxation and socialization on campus. This well-equipped recreation room provides an engaging environment where students can unwind, connect with peers, and foster a sense of community through shared recreational experiences.

## SafeColleges

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/safecolleges.html](https://www.com.edu/student-life/safecolleges.html) (<https://www.com.edu/student-life/safecolleges.html>)

College of the Mainland has partnered with SafeColleges to provide training modules designed to keep students safe on campus and to help the college comply with federal legislation such as Title IX, Campus SaVE and more. First-time college students, and students who are taking a trip with the college will be assigned training modules to complete online.

## Multicultural

Website: <https://www.com.edu/multicultural/index.html> (<https://www.com.edu/multicultural/>)

The multicultural committee is composed of college volunteers who work together and aims to foster the awareness and appreciation of multiculturalism and global interdependence for students, employees and the community by sponsoring educational and cultural events and activities.

All events are FREE, held on campus, and are open to students, faculty, staff, and community members. We invite you to join our community as we learn and celebrate.