

STUDENT LIFE

The Minority Male Initiative

The Minority Male Initiative is a gender specific program designed to support the development of new structures in post-secondary educational environments. These new structures will seek to optimize the performance, retention and graduation rates of minority males and provide them with the opportunity to experience a seamless transition into higher education, improve problem solving skills, develop social and emotional competencies, build character, and ultimately become reputable and respectable citizens that impact the 21st Century workforce.

Student Recreation and Club Sports

Website: www.com.edu/recreation

Email: sguerrero@com.edu (tcornelius@com.edu)

Student Recreation and Club Sports are other avenues for students to get involved at COM. Student recreation activities allow COM students of all skill levels to play sports throughout the semester. Club sports are competitive games for male and female students with structured practices overseen by a coach. Students must commit to traveling to games in the Houston area.

Student Clubs and Organizations

Gym, 409-933-8610 or 409-933-8180

Student clubs and organizations allow students to socialize, gain skills and learn about leadership. Students are encouraged to participate in one or more of the following clubs and organizations.

For information about joining or starting a new club or organization, contact the Student Life Office at 409-933-8610 or 409-933-8180.

American Society of Safety Engineers (ASSE): Student Section of the Gulf Coast Chapter

Email: asse@com.edu

ASSE is for students who are planning for careers as safety professionals. It provides additional educational and leadership opportunities for students to learn more about their chosen area of study and to promote interaction between students and professionals in the field of safety.

Art Club

Email: artclub@com.edu

The Art Club provides artistic experiences for all students interested in works of the imagination and the cultures that produce them. The Art Club regularly visits museums, attends lectures and special exhibits, hosts workshops and offers drawing field trips to zoos and libraries.

Automotive Club

Email: bganter@com.edu

The Automotive Club is a group of car enthusiasts who promote an appreciation for motor vehicles among the students, faculty and staff of College of the Mainland. Membership is open to any COM community member who has an affection for cars, and vehicle ownership isn't required. The group meets monthly, and plans/participates in

activities that focus on furthering group and COM community member's automotive knowledge.

Collegiate High School Student Club (NU PSI)

Email: NuPsi@com.edu

Nu Psi offers community service projects, leadership opportunities and educational field trips for club members. Membership is restricted to current Collegiate High School (CHS) students.

COM Allied Health Careers Club

Email: cpannell@com.edu

The purpose of College of the Mainland's Allied Health Club is to provide Allied Health students the opportunity to participate in health-related campus activities, be exposed to a variety of health professionals, enhance career development, get involved in community volunteering and be exposed to a variety of health professions. Our goal is to support Allied Health students with different opportunities to gain or advance their knowledge in the different Allied Health fields. Our club will strive to help students through student shadowing, and providing a variety of professional workshops.

COM Fit

Email: fitnessclub@com.edu

The COM Fit Club is for students interested in exercise, health and fitness. It provides an outlet to students who wish to exercise on a regular basis, learn about proper nutrition and become involved in community health events. It is also for those who have an interest in the fields of coaching, exercise science, recreation, personal training, physical therapy and/or nutrition. Find them on Facebook at College of the Mainland Physical Education, Sports and Recreation.

Comic Book Club

Email: comicbookclub@com.edu

The purpose of the Comic Book Club is to discuss, enjoy, and promote comic books, graphic novels, and other related media.

Cosmetology Club

Email: cosmetology@com.edu

The Cosmetology Club encourages leadership and unity among the members. Students work together, have fun and serve people in the community. As a club, students attend hair shows and work together to develop cohesiveness as a group.

Gamer's Union

Email: GamersUnion@com.edu

The purpose of the Gamer's Union is promote the essence of competitive gaming, the fundamental belief of good sportsmanship and to enhance our daily lives by incorporating teamwork and leadership through the enjoyment of gaming. Students in this club participate in bi-weekly gaming sessions, hold workshops and organize tournaments.

Hispanic Student Alliance

Email: HispanicStudents@com.edu (hispanicstudents@com.edu)

The Hispanic Student Alliance (HSA) is a successor organization to the Dream Act Leadership Organization due to the legislative changes in the USA. The HSA aims to bring awareness about the Hispanic culture,

history, and language to the college community through different cultural, educational, social, and political events and activities. Some of the activities that HSA sponsors include Spanish tutoring, Hispanic film and poetry events, Cinco de Mayo celebration, Hispanic Heritage Month events, and the International Festival. The HSA also focuses on the recruitment and success of students at College of the Mainland.

History Club

Email: historyclub@com.edu

The history club promotes the understanding and knowledge of history through guest lectures, film showings and field trips. This club also provides opportunities for community service projects that teach leadership skills and social responsibility.

Japanese Culture Club

Email: japanesecultureclub@com.edu

The Japanese Culture Club promotes knowledge and interest in all aspects of Japanese culture, particularly anime and literature. This club intends to encourage cultural awareness through discussion; watching films and anime; reading manga or other texts; taking field trips to conventions, festivals or museums (at least one a year); and inviting educational speakers.

Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) Club

Email: lgbtclub@com.edu

This club strives to unite LGBTQ students by encouraging support, building awareness, providing advocacy for students and providing a safe environment to discuss LGBTQ topics. Students are also given opportunities to build leadership and teamwork skills by planning workshops and working on community projects with other clubs.

Organization of African American Culture (OAAC)

Email: oaac@com.edu

OAAC is a club designed to enhance the overall college experience of African American students, so that they will achieve academically. All students are welcome to join OAAC whether or not they are of African American descent. The only criteria is that the member be currently enrolled at College of the Mainland on either a full-time or part-time basis. The goals of the organization are to connect students with academic and professional resources, create a culture of success and empowerment among students and to improve the cultural and social awareness of African American students.

Phi Theta Kappa (PTK, International Honor Society)

Advisor: Michelle Cortez, 409-933-8502; Jim Griffiths, 409-933-8225

Email: ptk@com.edu

Website: www.ptk.org (International) or

www.txptk.org (Texas)

Facebook: www.facebook.com/ptk.sigma.delta ([http://](http://www.facebook.com/ptk.sigma.delta)

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Phi Theta Kappa is the official international honors society of community colleges. The purpose of Phi Theta Kappa is to recognize and encourage academic excellence among two-year college students. To achieve this purpose, Phi Theta Kappa provides opportunities for the development of leadership and service, intellectual exchange of ideas and ideals, lively fellowship for the scholars and stimulation of interest in continuing

academic excellence. To be eligible, you must complete 12 credit hours at College of the Mainland with a cumulative GPA of 3.5 or higher. You must maintain a GPA of 3.0 or higher after joining the society.

Pi Kappa Delta (PKD, Debate Team)

Advisor: Joe Willis, 432-664-1175

Email: debate@com.edu or jwillis7@com.edu

Pi Kappa Delta (PKD) is a national honor society that promotes the practice and study of argumentation and debate through on and off-campus activities. Pi Kappa Delta is the oldest national collegiate forensic organization with over 80,000 alumni members. Participation and travel with the debate team in competitions are required for all Pi Kappa Delta members.

Process Technology Student Organization (PTEC Club)

Email: PTEC@com.edu

The PTEC Club strives to create awareness of the career opportunities within the process technology industry. The group provides support among members, including academic support (tutoring/peer review), industry tours, career preparation (mock interviewing/resume building) and fundraising.

Science Club

Email: science@com.edu

The Science Club promotes awareness and appreciation of the natural sciences by providing a better understanding of them through field trips, guest speakers, and other activities. The club sponsors college events and performs outreach throughout educational and community activities. This club also offers members opportunities to work as a team and assume leadership roles and responsibilities.

Self-defense Club

Email: dblackford@com.edu

The Self Defense club is designed to teach basic self-defense and martial arts techniques and principals while building self-confidence, discipline and respect. Members will learn techniques from various styles of martial arts including Muay Thai, Krav Maga, Boxing, Jiu Jitsu, karate, and kick boxing. Members will also learn how to deal with and disarm weapons including edged weapons, clubs, and firearms as well as how to deal with commonly seen self-defense scenarios.

Student Government Association (SGA)

Advisors: Sean Skipworth, 409-933-8303, and Doug Alvarez, 409-933-8435

Website: www.com.edu/sga

Email: sga@com.edu

The Student Government Association is made up of an elected body of officers and one representative from each active student club. The role of SGA is to promote student participation in the decision-making process, to serve and to represent the student body. In addition, SGA and the Student Life Department will plan and develop educational, recreational, social, cultural and entertainment programs for the college community. Participants can develop leadership skills and learn to organize special events. Monthly meetings are open to the college community, and all credit students are invited to participate.

Students for Christ

Email: studentsforchrist@com.edu

A nondenominational organization open to both Christians and non-Christians, this club invites all who are interested to attend with open hearts and minds. It offers a time to slow down and pray for the campus, the world and each other, and encourages growth and fellowship among students.

So Psyched

Email: sopsyched@com.edu

The SO Psyched Club promotes interest in and knowledge of psychology and sociology and encourages support between students, faculty, staff and the community. The club provides opportunities such as community service projects, volunteer experiences, guest lectures, film showings, field trips and other activities related to the behavioral sciences.

Nursing Student Association

Email: tnsa@com.edu

Website: www.tnsa.org (<http://www.tnsa.org>)

The Nursing Student Association aids in the development of the whole person and promotes participation in professional organizations after graduation. Members model integrity and leadership in all educational and service activities and interactions. Members have opportunities to influence the nursing education legislation, program development, and technology use.

Veterans Organization

Advisors: Detra Levice, 409-933-8247, and Joel Camacho, 409-933-8275

Email: veterans@com.edu

The veterans' organization ensures that veterans, active-duty personnel, reservists and their families receive all benefits entitled to them. This organization also provides readjustment resources and provides students and successful alumni a network for professional development.

Vision Seekers

Email: visionseekers@com.edu (visionseekers@com.edu)

Vision Seekers serves as a unifying club for nontraditional students to fully integrate into the whole experience of college life and culture.

Alumni and staff have the opportunity to mentor and tutor low skilled students in academics. "Teach what you know!"

Vocational Nursing Student Organization

Email: vocnursing@com.edu

The Vocational Nursing Student Organization addresses the unique needs of Vocational Nursing students as they transition from the role of a student to the role of a member of the nursing profession. Members have opportunities to participate in service and professional development activities.