

# STUDENT LIFE

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## Student Life

Website: <https://www.com.edu/student-life/>

At College of the Mainland, we believe that education extends far beyond the classroom. Our vibrant student community is at the heart of everything we do, and the Student Life department is here to ensure that your college experience is as enriching and fulfilling as possible.

Whether you're looking to get involved in clubs and organizations, attend exciting events and activities, or simply connect with fellow students, we've got you covered!

Our mission is to enhance students' overall educational experiences by developing programs and activities that improve intangibles, such as teamwork and leadership, and complement the mission and values of the institution.

Explore our website to learn more about the various opportunities available to you, and don't hesitate to reach out if you have any questions or need assistance. Welcome to the Fighting Ducks - where your student experience is our top priority!

## Leadership Series

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/leadership-series.html](http://www.com.edu/student-life/leadership-series.html) (<https://www.com.edu/student-life/leadership-series.html>)

The Student Life Leadership Series gives all College of the Mainland students the opportunity to develop their leadership skills through interactive workshops and hands-on activities. Our workshops review a variety of topics such as decision-making framework, cultural awareness, leadership styles, and many more. These informational and resourceful workshops will aid in a student's transformation as a leader, while giving them the tools to apply these skills moving forward.

## Student Clubs and Organizations

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/clubs-organizations/](http://www.com.edu/student-life/clubs-organizations/) (<https://www.com.edu/student-life/clubs-organizations/>)

Student clubs and organizations allow students to socialize, gain skills and learn about leadership. Students are encouraged to participate in one or more of the following clubs and organizations.

For information about joining or starting a new club or organization, contact the Student Life Specialist I at 409-933-8790.

### American Society of Safety Professionals (ASSP): Student Section of the Gulf Coast Chapter

Email: [assp@com.edu](mailto:assp@com.edu)

ASSP is for students who are planning for careers as safety professionals. ASSP provides additional educational and leadership opportunities for students to learn more about their chosen area of study and to promote interaction between students and professionals in the field of safety.

### Art Club

Email: [artclub@com.edu](mailto:artclub@com.edu)

The Art Club provides artistic experiences for all students interested in works of the imagination and the cultures that produce them. The Art Club regularly visits museums, attends lectures and special exhibits, hosts workshops, and offers drawing field trips to zoos and libraries.

### Badelynge Review Club

Email: [litjournal@com.edu](mailto:litjournal@com.edu)

"Badelynge" is an archaic word for a group of ducks on the ground. The Badelynge Review purpose is to create a literary journal and provided opportunities to gain experience in editing and publishing. Works published will consist of poetry, short fiction, creative nonfiction, and academic essays that COM students publish.

### Collegiate High School Student Club (NU PSI)

Email: [NuPsi@com.edu](mailto:NuPsi@com.edu)

Nu Psi, the Collegiate High School (CHS) Student Club, offers community service projects, leadership opportunities, and educational field trips for club members.

### Cosmetology Club (Skin, Sheers, and Beards Society)

Email: [cosmetology@com.edu](mailto:cosmetology@com.edu)

The Cosmetology Club encourages leadership and unity among the members. Students work together, have fun and serve people in the community. As a club, students attend hair shows and work together to develop cohesiveness as a group.

### Creative Writing Club

Email: [creativewriting@com.edu](mailto:creativewriting@com.edu)

The Creative Writing Club (CWC) would like to educate, collaborate, network, and peer review for the purpose of writing and publishing creatively. The club is open to all with interests of poetry, fiction, creative nonfiction, playwriting, screenwriting, and other forms of creative writing.

### Gamer's Guild

Email: [GamersUnion@com.edu](mailto:GamersUnion@com.edu)

The purpose of the Gamer's Guild is to promote the essence of competitive gaming, the fundamental belief of good sportsmanship, and to enhance our daily lives by incorporating teamwork and leadership through the enjoyment of gaming. Students in this club participate in bi-weekly gaming sessions, hold workshops and organize tournaments.

### Hispanic Student Alliance

Email: [HispanicStudents@com.edu](mailto:HispanicStudents@com.edu) ([hispanicstudents@com.edu](mailto:hispanicstudents@com.edu))

The Hispanic Student Alliance (HSA) is a successor organization to the Dream Act Leadership Organization due to the legislative changes in the USA. The HSA aims to bring awareness about the Hispanic culture, history, and language to the college community through different cultural, educational, social, and political events and activities. Some of the activities that HSA sponsors include Spanish tutoring, Hispanic film and poetry events, Cinco de Mayo celebration, Hispanic Heritage Month events, and the International Festival. The HSA also focuses on the recruitment and success of students at College of the Mainland.

## LGBTQ+ Club

Email: [lgbt@com.edu](mailto:lgbt@com.edu)

This club strives to unite LGBTQIA+ students by encouraging support, providing advocacy for students, building awareness, and providing a safe environment to discuss LGBTQ topics. Students are also given opportunities to build leadership and teamwork skills by planning workshops and working on community projects with other clubs.

## Mental Health Matters

Email: [mentalhealthclub@com.edu](mailto:mentalhealthclub@com.edu)

The purpose of the Mental Health Matters Club is to spread awareness and provide support for mental health issues among college students. The club will create a safe and supportive environment for students to express their feelings and learn ways to cope with stress, leading to a more positive academic and personal life experience.

## Minority Men for Excellence (MM4E)

Email: [gbenefield1@com.edu](mailto:gbenefield1@com.edu) ([gbenefield1@com.edu](mailto:gbenefield1@com.edu))

Website: [www.com.edu/mm4e/](http://www.com.edu/mm4e/) (<https://www.com.edu/mm4e/>)

Minority Men for Excellence (MM4E) is a program designed to improve the recruitment and retention of minorities at the College of the Mainland. Participants receive academic support and character and leadership development through programs and workshops. Men in the program also participate in community engagement opportunities and receive mentoring by faculty, staff, and peers.

## Nursing Student Association

Email: [tnsa@com.edu](mailto:tnsa@com.edu)

Website: [www. \(https://tnsa.nursingnetwork.com/\)](https://tnsa.nursingnetwork.com/) ([tnsa.nursingnetwork.com \(https://tnsa.nursingnetwork.com/\)](https://tnsa.nursingnetwork.com/))

The Nursing Student Association aids in the development of the whole person and promotes participation in professional organizations after graduation. Members model integrity and leadership in all educational and service activities and interactions. Members have opportunities to influence the nursing education legislation, program development, and technology use.

## Phi Theta Kappa (PTK, International Honor Society)

Email: [ptk@com.edu](mailto:ptk@com.edu)

Website: [www.ptk.org](http://www.ptk.org) (<http://www.ptk.org>) (International) or [www.txptk.org](http://www.txptk.org) (<http://www.txptk.org>) (Texas)

Phi Theta Kappa is the official international honors society of community colleges. The purpose of Phi Theta Kappa is to recognize and encourage academic excellence among two-year college students. To achieve this purpose, Phi Theta Kappa provides opportunities for the development of leadership and service, intellectual exchange of ideas and ideals, lively fellowship for the scholars and stimulation of interest in continuing academic excellence. To be eligible, you must complete 12 credit hours at College of the Mainland with a cumulative GPA of 3.5 or higher. You must maintain a GPA of 3.0 or higher after joining the society.

## Process Technology Student Organization (PTEC Club)

Email: [PTECclub@com.edu](mailto:PTECclub@com.edu)

The PTEC Club strives to create awareness of the career opportunities within the process technology industry. The group provides support

among members, including academic support (tutoring/peer review), industry tours, career preparation (mock interviewing/resume building) and fundraising.

## Robotics Club

Email: [roboticsclub@com.edu](mailto:roboticsclub@com.edu)

The Robotics Club plans to increase the interest in STEM (Science, Technology, Engineering, Mathematics) by increasing student knowledge through robotics and programming, collaboratively building relationships within the college network, and building rapport of sportsmanship in team building and competitions.

## COM Rotaract

Email: [rotaract@com.edu](mailto:rotaract@com.edu)

Rotaract is a college-based nonprofit organization for students ages 18 and older to exchange ideas with leaders in the community, develop leadership and professional skills, and have fun through service. COM Rotaract is proudly sponsored by the Rotary Club of Dickinson and the Rotary Club of Texas City.

## Science Club

Email: [scienceclub@com.edu](mailto:scienceclub@com.edu)

The Science Club promotes awareness and appreciation of the natural sciences by providing a better understanding of them through field trips, guest speakers, and other activities. The club sponsors college events and performs outreach through educational and community activities.

## Sickle Cell Club

Email: [sicklecell@com.edu](mailto:sicklecell@com.edu)

The mission of the Sickle Cell Club is to raise awareness and educate COM students and the community about sickle cell disease. The club organizes social activities, games and seminars to achieve its mission.

## Student Government Association (SGA)

Email: [sga@com.edu](mailto:sga@com.edu)

Website: [www.com.edu/sga](http://www.com.edu/sga) (<http://www.com.edu/sga/>)

The Student Government Association is made up of an elected body of officers and one representative from each active student club. The role of SGA is to promote student participation in the decision-making process, to serve and to represent the student body. In addition, SGA and the Student Life Department will plan and develop educational, recreational, social, cultural and entertainment programs for the college community. Participants can develop leadership skills and learn to organize special events. Monthly meetings are open to the college community, and all credit students are invited to participate.

## Students for Christ

Email: [studentsforchrist@com.edu](mailto:studentsforchrist@com.edu)

A nondenominational organization open to both Christians and non-Christians, this club invites all who are interested to attend with open hearts and minds. It offers a time to slow down and pray for the campus, the world and each other, and encourages growth and fellowship among students.

## Veterans Organization

Email: [veterans@com.edu](mailto:veterans@com.edu)

The Veterans Organization ensures that veterans, active-duty personnel, reservists and their families receive all benefits entitled to them. This organization also provides readjustment resources and provides students and successful alumni a network for professional development.

## Student Recreation and Club Sports

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/club-sports.html](http://www.com.edu/student-life/club-sports.html) (<https://www.com.edu/student-life/club-sports.html>)

Student Recreation and Club Sports are other avenues for students to get involved at COM. Student recreation activities allow COM students of all skill levels to play sports throughout the semester. Club sports are competitive games for male and female students with structured practices overseen by a coach. Students must commit to traveling to games in the Houston area.

## Gym Facility

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/gym.html](http://www.com.edu/student-life/gym.html) (<https://www.com.edu/student-life/gym.html>)

Discover the College of the Mainland's gym facility designed for a comprehensive fitness experience. The cardio room features modern pre-core equipment for effective cardiovascular workouts, while the Cybex offers targeted strength training. Strengthen and tone in the well-equipped weight room, engage in invigorating group sessions, and relax in the dry sauna. Transition seamlessly with convenient locker rooms. Cycling enthusiasts can enjoy the energizing atmosphere of the spin room. At the College of the Mainland, the gym provides diverse recreation sport options, fostering a healthy campus lifestyle. Join a community where well-being is a priority, and fitness goals are supported.

## Recreation Room

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/recreation-room.html](http://www.com.edu/student-life/recreation-room.html) (<https://www.com.edu/student-life/recreation-room.html>)

The College of the Mainland's recreation room is a hub for leisure and stress relief. Furnished with a billiards table, ping pong, shuffleboard, and arcade games, it offers a diverse range of recreational activities. Students can also enjoy digital entertainment with Xbox, PlayStation, and Nintendo Switch consoles, creating a dynamic space for relaxation and socialization on campus. This well-equipped recreation room provides an engaging environment where students can unwind, connect with peers, and foster a sense of community through shared recreational experiences.

## SafeColleges

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/safecolleges.html](http://www.com.edu/student-life/safecolleges.html) (<https://www.com.edu/student-life/safecolleges.html>)

College of the Mainland has partnered with SafeColleges to provide training modules designed to keep students safe on campus and to help

the college comply with federal legislation such as Title IX, Campus SaVE and more. First-time college students, and students who are taking a trip with the college will be assigned training modules to complete online.

## Multicultural

Website: <https://www.com.edu/multicultural/index.html> (<https://www.com.edu/multicultural/>)

The multicultural committee is composed of college volunteers who work together and aims to foster the awareness and appreciation of multiculturalism and global interdependence for students, employees and the community by sponsoring educational and cultural events and activities.

All events are FREE, held on campus, and are open to students, faculty, staff, and community members. We invite you to join our community as we learn and celebrate.

## President's Ambassadors Program

Email: [studentact@com.edu](mailto:studentact@com.edu)

Website: [www.com.edu/student-life/presidents-ambassador-program](http://www.com.edu/student-life/presidents-ambassador-program) (<https://www.com.edu/student-life/presidents-ambassador-program.html>)

The President's Ambassador Program is a distinguished leadership opportunity allowing a select group of students to represent the positive image of the college at designated events and activities. Through the leadership training program, ambassadors will share their COM student pride, mission, and culture with alumni, donors, friends, and community members.